

my life

according to me

I am

FULL NAME

This is where I am in life

CURRENT AGE

I am writing this

DATE

my life RIGHT NOW

My hair color: _____

My eye color: _____

Where I live: _____

Current church calling(s): _____

Current hobbies/activities: _____

My family (include everyone's names): _____

Pets: _____

current
FAVORITES

Color: _____

Meal: _____

Treat: _____

Place to shop: _____

Clothes to wear: _____

Things to do: _____

Places to go: _____

People I admire: _____

Scripture/scripture story: _____

Book(s): _____

Movie(s): _____

Music (type, artist, song): _____

building
CHARACTER

This is how I hope people would describe me: _____

These are the qualities I admire in other people: _____

I feel like these are my greatest strengths: _____

These are the traits I'm currently working on or that I'd

like to work on: _____

backing up to my
BIRTH.DAY

Full given name: _____

Date: _____

Day of the week: _____

Place of birth: _____

City: _____ State: _____

County: _____ Country: _____

Doctor: _____

What I've heard about that day: _____

Length: _____ Weight: _____

I looked like: _____

My national origin: _____

My name means: _____

How my name was chosen / significance of my name:

remembering
CHILDHOOD

Nickname(s): _____

The earliest memory I have: _____

The best thing about being a young kid was: _____

The hardest part about being a young kid was: _____

As a young child, this is what I wanted to be when I grew
up: _____

And now, this is what I am doing: _____

M O R E
CHILDHOOD
memories

Games I used to play: _____

Some of my favorite toys: _____

What I loved to do for fun: _____

My best friends/who I loved to spend time with: _____

My favorite childhood books/movies/songs were: _____

Childhood bummers (accidents, injuries, etc.): _____

M O R E
CHILDHOOD
memories

Skills I developed/lessons I took: _____

Special award(s): _____

Something I always wanted but couldn't have: _____

Some of our family rules were: _____

Some of my chores were: _____

I got in trouble for: _____

Typical childhood breakfast: _____

People that cared for me while my parents were out or

away: _____

REFLECTING ON
SCHOOL

Years

I began school this year: _____, at the age of _____.

I first attended here: _____

Since that beginning, I also went to school here: _____

Description of school building(s): _____

Transportation to/from school: _____

Friends I spent the most time with in school: _____

MORE ON
SCHOOL

memories

Favorite classes: _____

Favorite specific subjects/topics to learn about: _____

Favorite teachers (and why): _____

My grades in school: _____

Class(es) I struggled with (and why): _____

A LITTLE ABOUT
COLLEGE
or vocational school

Name(s), location(s) & description of school(s) I

attended after high school: _____

Why I continued my education: _____

Job(s) I had during those years: _____

How I financed my education: _____

MORE ABOUT
COLLEGE
or vocational school

My major/focus/specialty: _____

Most memorable classes & teachers: _____

Places I lived: _____

Memorable roommates: _____

Closest friends: _____

Extracurricular activities: _____

A B I T A B O U T
JOBS

My very first job was: _____

I was (age) _____ and was paid: _____

What I remember about that first job: _____

Other jobs since then (including location, pay, etc.): _____

Detailed description of my current work: _____

My all-time favorite job: _____

A B I T A B O U T
DATING

My very first date was with: _____

I was (age) _____ and he/she was _____

What I remember about that date: _____

Names of those I dated a lot: _____

Favorite things to do on a date: _____

Other dating memories: _____

A BIT ABOUT
COURTSHIP

Name of spouse: _____

How & when we met: _____

I was (age) _____ and he/she was: _____

First impressions: _____

About the proposal: _____

We were engaged for this long: _____

A BIT ABOUT OUR
WEDDING

Date: _____ Place: _____

I was (age) _____ and he/she was _____

Wedding officiated by: _____

Individuals in the wedding party: _____

Colors/theme/decorating details: _____

Reception (place, food, memories): _____

Honeymoon: _____

ACCORDING TO ME:
PERSONAL VIEWS

What I talk to my spouse/closest friends about: _____

How I have changed over the years: _____

Things I have always wanted to do: _____

Happiness is: _____

And the little things that make me happy: _____

ACCORDING TO ME:
PERSONAL VIEWS

My fears: _____

What life has taught me: _____

If I could go back, this is what I would do differently: _____

How I would like to be remembered: _____
